

# Day Treatment Schedule **North Bethesda**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00	<b>Check In + Psycho-education + Feelings Worksheet</b> 12:00 - 01:30	<b>Check In + Psycho-education + Feelings Worksheet</b> 12:00 - 01:30	<b>Check In + Psycho-education + Feelings Worksheet</b> 12:00 - 01:30	<b>Check In + Psycho-education + Feelings Worksheet</b> 12:00 - 01:30	<b>Check In + Psycho-education + Feelings Worksheet</b> 12:00 - 01:30
01:00					
02:00	<b>Ac/Voc Services</b> 01:30 - 02:30	<b>Ac/Voc Services</b> 01:30 - 02:30	<b>Ac/Voc Services</b> 01:30 - 02:30	<b>Ac/Voc Services</b> 01:30 - 02:30	<b>Ac/Voc Services</b> 01:30 - 02:30
	<b>Break</b> 02:30 - 02:40	<b>Break</b> 02:30 - 02:40	<b>Break</b> 02:30 - 02:40	<b>Break</b> 02:30 - 02:40	<b>Break</b> 02:30 - 02:40
03:00	<b>Experiential Activity + Processing Skills</b> 02:40 - 03:40	<b>Experiential Activity + Processing Skills</b> 02:40 - 03:40	<b>Experiential Activity + Processing Skills</b> 02:40 - 03:40	<b>Experiential Activity + Processing Skills</b> 02:40 - 03:40	<b>Experiential Activity + Processing Skills</b> 02:40 - 03:40
	<b>Break</b> 03:40 - 03:50	<b>Break</b> 03:40 - 03:50	<b>Break</b> 03:40 - 03:50	<b>Break</b> 03:40 - 03:50	<b>Break</b> 03:40 - 03:50
04:00	<b>Activity</b> 03:50 - 04:50	<b>Activity</b> 03:50 - 04:50	<b>Activity</b> 03:50 - 04:50	<b>Activity</b> 03:50 - 04:50	<b>Activity</b> 03:50 - 04:50
05:00	<b>Check Out + Close</b>	<b>Check Out + Close</b>	<b>Check Out + Close</b>	<b>Check Out + Close</b>	<b>Check Out + Close</b>