

IOP Young Adult Schedule

North Bethesda

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05:00					
05:00 - 06:00	Academic & Vocational Services 05:00 - 06:00		Academic & Vocational Services 05:00 - 06:00	Academic & Vocational Services 05:00 - 06:00	
06:00 - 09:00	Group Therapy 06:00 - 09:00	Multi-Family Group Therapy 06:00 - 09:00	Multi-Family Group Therapy 06:00 - 09:00 Parents	Group Therapy 06:00 - 09:00	Virtual Parent Support Group 05:30 - 07:00 Parents
07:00					
08:00					
09:00					