

Day Treatment Schedule **Denver**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00	Check In + Process + Meditation 12:00 - 01:00	Check In + Process + Meditation 12:00 - 01:00	Check In + Process + Meditation 12:00 - 01:00	Check In + Process + Meditation 12:00 - 01:00	Check In + Process + Meditation 12:00 - 01:00
01:00	Break + DBT Skills 01:30 - 02:30	Break + DBT Skills 01:30 - 02:30	Ac + Voc 01:00 - 02:00	Break + DBT Skills 01:30 - 02:30	Break + DBT Skills 01:30 - 02:30
02:00			Break + DBT Skills 02:00 - 02:30		
03:00	Experiential + Skill Building + Break 03:00 - 04:30	Experiential + Skill Building + Break 03:00 - 04:30	Experiential + Skill Building + Break 03:00 - 04:30	Experiential + Skill Building + Break 03:00 - 04:30	Experiential + Skill Building + Break 03:00 - 04:30
04:00					
05:00	Group Close + Check Out 04:30 - 05:00	Group Close + Check Out 04:30 - 05:00	Group Close + Check Out 04:30 - 05:00	Group Close + Check Out 04:30 - 05:00	Group Close + Check Out 04:30 - 05:00